



# Exploring Our Inner Libraries

<b>Years</b>	<b>Pre-conception</b>	<b>-9 months</b>	<b>- 6 months</b>	<b>- 3 months</b>	<b>- 1 month</b>	<b>Birth</b>	<b>1 month</b>
<b>Type of Diet</b>							
<b>Supplements</b>							
<b>Medications</b>							
<b>Vaccinations</b>							
<b>Illnesses</b>							
<b>Accidents/ Incidents</b>							
<b>Interventions /Therapies</b>							
<b>Operations</b>							
<b>Significant people</b>							
<b>Major Events</b>							
<b>Affairs of the Heart</b>							
<b>Children</b>							
<b>Activities</b>							
<b>Studies</b>							
<b>Employment</b>							



# Exploring Our Inner Libraries

3 months	6 months	1 year	1 1/2 years	2 years	3 years	4 years	5 years



# Exploring Our Inner Libraries

6 years	8 years	10 years	12 years	14 years	16 years	18 years	20 years



# Exploring Our Inner Libraries

25 years	30 years	35 years	40 years	45 years	50 years	55 years	60 years



# Exploring Our Inner Libraries

65 years	70 years	75 years	80+ years